Vaping

How it affects your mouth

What is Vaping?

Vaping is inhaling and exhaling a vapor aerosol produced by e-cigarettes, vape pens, or similar devices. The vapor produced from these devices contains not only water but toxic chemicals as well.

Vaping and Your Teeth

The chemicals inside of e-juices like nicotine, propylene glycol, and glycerine can lead to a lack of saliva, causing dry mouth, an increase in bacteria that promote tooth decay, and discoloration of your enamel.

Vaping and Your Gums

The same chemicals that cause dry mouth can lead to irritation and inflammation of your gums, and continual use can lead to gum disease, tooth loss, and bone loss.

Vaping and Your Body

Studies have linked vaping with the development of cancerous and pre-cancerous cells in the mouth, throat, and lungs, along with other negative impacts from poor circulation to increased risk for heart attack. Eliminate your risk by quitting today!

Call 1-800-QUIT-NOW to get more information on how to quit!